

## BEFORE SURGERY INSTRUCTIONS



# Stratford Eye Specialists

771 Erie Street, Unit C, Stratford | 226-633-5888

**Biometry (measurements):** \_\_\_\_\_ **(Stratford Office)**

*\*One week prior to measurements please use moisturizing eye drops (1 drop 4 times daily)\**

**First Eye:** \_\_\_\_\_ **Surgery Date:** \_\_\_\_\_

Follow - Up 1. \_\_\_\_\_ Follow - Up 2. \_\_\_\_\_

**Second Eye:** \_\_\_\_\_ **Surgery Date:** \_\_\_\_\_

Follow - Up 1. \_\_\_\_\_ Follow - Up 2. \_\_\_\_\_

**Surgery Location:** Clinton Public Hospital, 98 Shipley Street, Clinton, Ontario

**We will call you the WEEK BEFORE surgery with ARRIVAL time.**

**(This is the time to be at the Hospital, not surgery time)**

- **NOTHING TO EAT OR DRINK after midnight the night before surgery.**
  - **You may take medications with small sips of water unless otherwise advised.**
  - If you are **diabetic**, take a blood sugar reading in the morning and report the result to the nurse. Do not take any diabetic medications the morning of surgery but bring them with you to the HPHA Clinton Public Hospital.
- **Arriving at the Hospital**
  - On the day of your surgery, enter Clinton Public Hospital on Shipley Street through the **Emergency Department** to register.
  - **You MUST have a driver/companion that stays nearby during your surgery.** You may not return home by taxi or bus. They may join you in the hospital if you require specialized assistance. **You will be at the hospital for 2.5-3 hours.**
- **What to Wear and Bring**
  - Wear a short-sleeved shirt or blouse with buttons on the front. Avoid undershirts, pantyhose, girdles, perfumes, and after-shave lotion.
  - **Bring your health card**, but leave all other valuables, including cash, credit cards, jewelry, and watches at home.
  - Bring inhalers (puffers) with you if you have asthma or a lung condition.
  - You may wish to bring sunglasses to wear after surgery.
  - No Make-up (especially around eyes/eyebrows) for the week prior to surgery.

**If you need to cancel your surgery, call your Ophthalmologist as soon as possible.**